

# SUSTAINABLE ENVIRONMENTS FOR A HEALTHY LIFESTYLE 11:45 - 12:30

11:15 - 12:00

## SUSTAINABLE ENVIRONMENTS FOR A HEALTHY LIFESTYLE

Maintain the focus on health sparked by the crisis and support an enabling environment that promotes wellbeing. Prioritise mental, physical and emotional wellness as critical aspects for a healthy society and strengthen investment and capabilities in these areas, together with primary and preventative care

### MODERATOR



#### Dr Andreana Dibben

(Senior Lecturer, UM)

Dr Andreana Dibben is a Senior Lecturer of Social Policy & Social Work within the Faculty of Social Wellbeing at the University of Malta.



### SPEAKERS



#### Frank Bothwell

(Founder, Thomas Franks Malta Ltd)

In 2005, Frank Bothwell and his wife, Emma Bothwell, set out to found a contract catering company with a difference. Focussing on freshly produced food cooked from high-quality, locally supplied ingredients, they quickly built a reputation for exceptional quality food and superb, personal service.



#### Jamie North

(CEO, Few Ltd)

Jamie is one of two Co-Founders of Few, a holistic health and wellbeing booking and business automation platform, built to generate, support and grow the Holistic Practitioner Economy globally. Few was designed to encourage and educate its end users, into a better sense of wellbeing. Having endured previous failure of a Childcare platform in the UK in 2015 Jamie has since built upon product and leadership experience at 101 Ways where he led the growth of the UK Product Tech Consultancy across Europe, setting up operations and building revenue in The Netherlands and Switzerland, as well as the UK. Working with brands such as DAZN, Elsevier and Homegate AG.



#### Stephania Dimech Sant

(Chief Executive Officer, Richmond Foundation)

Stephania Dimech Sant is the CEO of Richmond Foundation, a registered non-governmental and non-profit making organisation (VO/0017). Richmond Foundation has established itself as Malta's leading NGO in the provision of community services for people with mental health problems. It is at the forefront of the promotion of good mental health and the prevention of mental illness amongst the public. Richmond Foundation is a member of the Global Alliance of Mental Illness Advocacy Networks–Europe (GAMIAN-Europe), the European Anti-Poverty Network, the Malta Federations of NGOs and the Malta Health Network.



#### Michelle Piccinino

(CEO Environment & Resources Authority)

Michelle Piccinino has graduated as an architect and civil engineer from the University of Malta in June 1995. Since then she held several senior positions with the Malta Environment and Planning Authority, including but not limited to being a member of advisory bodies to coordinating large scale and projects of national interest. Her multidisciplinary approach has enabled her to adapt to the various cross-cutting-roles and to effectively and constantly involve the different stakeholders in the process.

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